



2<sup>ND</sup> EDITION

# MY FIRST KALIMAAT

*Common Islamic du'as in  
Arabic, English and  
transliteration for kids  
to memorise*

COMPILED BY  
TORBAY ISLAMIC CENTRE

***In the Compassionate  
and Merciful Allah's Name***

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**This book  
belongs to:**

WRITE HERE

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*This book is intended to aid with oral training by professional instructors. Please bear in mind that some Arabic sounds cannot be perfectly expressed with English letters.*

## Letters & Symbols:

Arabic	English	Arabic	English	Arabic	English	Arabic	English
أ	a/aa	ذ	zh	ظ	z	ن	n
ب	b	ر	r	ع	'	ه	h
ت	t	ز	z	غ	g	و	w/u/oo
ث	th	س	s	ف	f	ي	y/i/ee
ج	j	ش	sh	ق	q	ى	ee/aa
ح	h	ص	s	ك	k	ء	- / ' /
خ	kh	ض	ḍ	ل	l	إ / إ / آ	á/ú/í
د	d	ط	ṭ	م	m	ة	h/t

# Stage 1.

Ages 4-5

## TA'AWUZH - SEEKING OF PROTECTION

A'uuzhu **biLlaahi** min ashshaiṭaan  
irrojeem

I seek **Allah's** protection from Satan the outcast

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ

الرَّجِيمِ

*Quran 16:98*

## TASMIYAH - INVOKING OF THE NAME

Bism **Illaah** irRoḥmaan irRoḥeem

In the Compassionate and Merciful **Allah's** Name

بِسْمِ اللَّهِ الرَّحْمَنِ

الرَّحِيمِ

*Quran 1:1*

## IF SURPRISED: TASBEEH

Subḥaan **Allaah**

Glory is to **Allah**



سُبْحَانَ اللَّهِ

## IF HAPPY: TAHMEED

Alḥamdu li**Llaah**

Praise is to **Allah**

الْحَمْدُ لِلَّهِ

*Also say after drinking water*

## IF SHOCKED: TAKBEER

**Allaahu** ákbar

**Allah** is the Greatest



اللَّهُ أَكْبَرُ



### WHEN YOU THANK SOMEONE

Jazaak **Allaahu** khoiraa

May **Allah** reward you well

جَزَاكَ اللهُ خَيْرًا

### WHEN YOU DO SOMETHING WRONG

Astagfir **Ullaah**

I seek **Allah's** forgiveness

أَسْتَغْفِرُ اللهَ

### WHEN YOU PROMISE SOMETHING

In shaà **Allaah**

If **Allah** wills

إِنْ شَاءَ اللهُ

*Quran 18:24*

### HEARING LAST PROPHET'S NAME

Şoll **Allaahu** 'alaihi wasallam

May he have **Allah's** peace and Blessings

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

*Sunan AtTirmizhee 3546*

### 1<sup>ST</sup> PHRASE: KALIMAAT UTTOYYIBAH

Laa ílaaha íll **Allaah**, Muḥammadu

rrosool **Ullaah**

There is no deity except **Allah**. Muhammad is **Allah's** Messenger

لَا إِلَهَ إِلَّا اللهُ مُحَمَّدٌ

رَسُولُ اللهِ

*Sahih Muslim 142*

# Stage 2.

Ages 5-6

## GREETING A MUSLIM

Assalaamu 'alaikum waroḥmat

**Ullaahi** wabarokaatuh

May **Allah's** peace, mercy, and blessings be with you

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ  
اللَّهِ وَبَرَكَاتُهُ

*Sunan Abu Daawood 5195*

## REPLYING TO A MUSLIM GREETING

Wa'alaikum assalaamu waroḥmat

**Ullaahi** wabarokaatuh

And may **Allah's** peace, mercy, and blessings be with you

وَعَلَيْكُمُ السَّلَامُ وَرَحْمَةُ  
اللَّهِ وَبَرَكَاتُهُ

*Quran 4:86*



## BEFORE EATING

Bism **Illaah** wabarokat **Illaah**

In **Allah's** Name and **Allah's** blessings

بِسْمِ اللَّهِ وَبَرَكَاتِهِ

*Mustadrok AlḤaakim 7084*

## FORGET TO RECITE BEFORE EATING

Bism **Illaahi** áwwalahu wa-  
aakhirah

In **Allah's** Name in its beginning and its end

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

*Sunan Abu Daawood 3767*



### AFTER EATING

Alḥamdu **liLlaah** illazhee  
át'o'amanaa wasaqaanaa  
waja'alanaa muslimmeen

Praise is to **Allah** who fed us, quenched us, and made us Muslims



الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا  
وَسَقَانَا وَجَعَلَنَا  
مُسْلِمِينَ

*Sunan Abu Daawood 3850*

*Sunan AtTirmizhee 3457*

### AFTER DRINKING MILK

**Allaahumma** baarik lanaa feehee  
wazidnaa minh

Dear **Allah**, bless us with it and grow us from it

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا  
مِنْهُ

*Sunan Abu Daawood 3730*

### EATING AS A GUEST

**Allaahumm** at'im man át'amanee  
wasqi man saqaanee

Dear **Allah**, feed him who fed me, and quench him who quenched me



اللَّهُمَّ اطْعِمْ مَنْ  
أَطْعَمَنِي وَاسْقِ مَنْ  
سَقَانِي

*Saḥiḥ Muslim 5362*

### 2<sup>ND</sup> PHRASE: KALIMAAT ASHAHAADAH

Ashhadu án laa ílaaha íll **Allaah**,  
wa-ashhadu áнна Muḥammadan  
'abduhu warosooluh

I testify that there is no deity except **Allah**, and that Muhammad is His servant and Messenger

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ  
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ  
وَرَسُولُهُ

*Saḥiḥ AlBukhaaree 831*

*Also say after wuzhu p18*

*Also say in tashahhud p23*

# Stage 3.

Ages 6-7

## BEFORE GOING TO SLEEP

**Allaahumma** bismika ámootu  
wa-aḥyaa

Dear **Allah**, I die and I live in your Name

اَللّٰهُمَّ بِسْمِكَ اَمُوْتُ  
وَاَحْيَا

*Saḥiḥ AlBukhaaree 6314*

## AFTER WAKING UP

Alḥamdu li**Llaah** illazhee  
áḥyaanaa ba'damaa ámaatanaa  
wa-ilaih innushoor

Praise is to **Allah** who revived us after how He put us to sleep, and to Him is our return

اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاَنَا  
بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ  
النُّشُوْرُ

*Saḥiḥ AlBukhaaree 6312*

## SEEING RAINFALL

**Allaahumma** ṣoyyiba nnaafi'aa

My **Master**, increase my knowledge

اَللّٰهُمَّ صَيِّبًا نَافِعًا

*Sunan Ibn Maajaah 3889*

## SEEING THE MOON

A'uuzhu bi**Llaahi** min sharri  
haazh algaasiq

I seek **Allah's** protection from the evil of the darkness of this moon

اَعُوْذُ بِاللّٰهِ مِنْ شَرِّ هٰذَا  
الْغَاسِقِ

*Sunan AtTirmizhee 3366*





### AFTER SNEEZING

Alḥamdu liLlaah

Praise is to Allah



الْحَمْدُ لِلَّهِ

### AFTER HEARING ALḤAMDU LILLAĀH FROM SOMEONE SNEEZING

Yarḥamuk Allaah

May Allah have mercy on you



يَرْحَمُكَ اللَّهُ

### SNEEZER AFTER HEARING SOMEONE SAY YARḤAMUK ALLAĀH

Yahdeekum Ullaahu wayuṣliḥu  
baalakum

May Allah guide you and amend your condition

يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ  
بَالَكُمْ

*Saḥīḥ AlBukhaaree 6224*

### 3<sup>RD</sup> PHRASE: KALIMAAT UTTAMJEED

Subḥaan Allaah, walḥamdu  
liLlaah, walaa ʾilāaha ʾillā Allaah,  
wAllaahu ʾakbar, laa ḥaula walaa  
quwwata ʾillāa bAllaah il'aliyy  
il'zeem

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ  
وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ،  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ  
الْعَلِيِّ الْعَظِيمِ

*Sunan AtTirmizhee 3597*

*Muṣṣonnaf Abdur Rozzaq 1843*

Glory is to Allah, and praise is to Allah, and there  
is no deity except Allah, and Allah is the Greatest.  
There is no effort nor strength except from Allah -  
The High and Immense One

# Stage 4.

Ages 7-8



## BEFORE ENTERING THE TOILET

**Allaahumma** ínnee á'uudhu bika  
min alkhubuthi walkhobaa-ith

Dear **Allah**, I seek Your protection from dirtiness  
and becoming dirty

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ  
الْخُبْثِ وَالْخَبَائِثِ

Sunan Ibn Maajaah 297

## AFTER LEAVING THE TOILET

Gufraanak, Alḥamdu li**IlLaah**  
illazhee ádhhaba 'ann il-adhaa  
wa'afaanee

I seek Your forgiveness. Praise is to **Allah** who has  
taken away the discomfort from me and relieved  
me

غُفْرَانَكَ، الْحَمْدُ لِلَّهِ  
الَّذِي أَذْهَبَ عَنِّي الْأَذَى  
وَعَافَانِي

Sunan Ibn Maajaah 300/301

## ENTERERING THE HOUSE

**Allaahumma** ínnee ás-aluka khoir  
olmaulaji wakhoir almakhroj,  
Bism **IlLaahi** walajnaa wabism  
**IlLaahi** khorojnaa wa'al **Allaahi**  
**robbinaa** tawakkalnaa

Dear **Allah**, I ask you for a good entrance and good  
exit. We enter in **Allah's** Name, we leave in **Allah's**  
name, and we entrust in **Allah** our Master

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ  
الْمَوَاجِزِ وَخَيْرِ الْمَخْرَجِ،  
بِسْمِ اللَّهِ وَلَجْنَا وَبِسْمِ  
اللَّهِ خَرَجْنَا وَعَلَى اللَّهِ  
رَبَّنَا تَوَكَّلْنَا

Sunan Abu Daawood 5096



### LEAVING THE HOUSE

Bism **Il**laahi tawakkaltu 'al **Allaah**,  
laa ḥaula walaa quwwata íllaa

**bIl**laah

I entrust in **Allah** by **Allah's** Name. There is no effort nor strength except from **Allah**

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى  
اللَّهِ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا  
بِاللَّهِ

Sunan Abu Daawood 5095

### LOOKING IN THE MIRROR

**Allaahumma** ḥassanta kholqee  
faḥassin khuluqee

Dear **Allah**, you have made my features nice, so make my character nice

اَللّٰهُمَّ حَسَّنْتَ خَلْقِيْ  
فَحَسِّنْ خُلُقِيْ

Sahih Ibn Hibban 955

### 4<sup>TH</sup> PHRASE: KALIMAAT UTTAUHEED

Laa ílaaha íll **Allaahu** waḥdahu  
laa shareeka lah, lah ulmulku  
walah ulḥamd, yuḥyee wayumeet,  
waHuwa ḥayyu llaa yamuut,  
bihadih ilkhoir, waHuwa 'alaa  
kulli shai-in qodeer

There is no deity except **Allah** in His Oneness. He has no associate. His is the kingdom and His is the praise, and He gives life and death. Goodness is by His Hand, and He is powerful over everything

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا  
شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ يُحْيِي وَيُمِيتُ  
وَهُوَ حَيٌّ لَا يَمُوتُ بِيَدِهِ  
الْخَيْرُ، وَهُوَ عَلَى كُلِّ  
شَيْءٍ قَدِيرٌ

Sunan AtTirmizhee 3474

Sunan Ibn Maajaah 3799

Also say when entering shops

# Stage 5.

Ages 8-9

## ASKING FOR MORE KNOWLEDGE

**Robbi** zidnee 'ilmaa

My **Master**, increase my knowledge



رَبِّ زِدْنِي عِلْمًا

Quran 20:114

## BOARDING A VEHICLE

Bism Illaah, alḥamdu liLlaah,

subḥaan allazhee sakhkhoro

lanaa haazhaa wamaa kunnaa

lahuu muqrineen, wa-innaa ílaa

**Robbinaa** lamunqoliboon,

alḥamdu liLlaah x3, **Allaahu** ákbar

x3, subḥaanaka ínnée ṣolamtu

nafsee fagfirlee, ínnahu laa yagfir

uzhzhunooba íllaa Ánt

In **Allah's** Name: Praise is to **Allah**. Glorious is the One who has subjected this for us, while we were not the controllers of it. And we are indeed to return to our **Master**. Praise is to **Allah** (x3). **Allah** is the Greatest (x3). Glorious is You. I have indeed wronged myself so forgive me. Indeed, nobody forgives sins except You.

بِسْمِ اللَّهِ، الْحَمْدُ لِلَّهِ،

سُبْحَانَ الَّذِي سَخَّرَ لَنَا

هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ،

وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ،

الْحَمْدُ لِلَّهِ x3، اللَّهُ أَكْبَرُ

x3، سُبْحَنَكَ إِنِّي ظَلَمْتُ

نَفْسِي فَاعْفِرْ لِي، إِنَّهُ لَا

يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Sunan Abu Daawood 2602

Quran 43:13



### RETURNING FROM A JOURNEY

Aa-iboona taa-iboona  
'aabidoona **liRobbinaa**  
ḥaamidoon

We return, apologise to, worship, and praise our  
Master

أَتُبُّونَ تَائِبُونَ عَابِدُونَ

لِرَبِّنَا حَامِدُونَ

Saḥīḥ Muslim 3280



### WEARING CLOTHES

Alḥamdu **liLlaah** illazhee  
kasaanee haadh aththauba  
warozaqoneehi min goiri ḥauli  
mminnee walaa quwwah

Praise is to **Allah** who has clothed and provided  
for me with this clothing without any effort nor  
strength

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي

هَذَا الثَّوْبَ وَرَزَقْنِيهِ مِنْ

غَيْرِ حَوْلٍ مِّنِّي وَلَا قُوَّةٍ

Sunan Abu Daawood 4023

### PRAYING FOR PARENTS

**Robb** irḥamhumaa kamaa  
robbayaanee ṣogeeraa

My Master, increase my knowledge

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي

صَغِيرًا

Quran 17:24

### SEEING SOMEONE SMILE

Aḍḥak **Allaahu** sinnak

May **Allah** keep you smiling for ages

أَضْحَكَ اللَّهُ بِسَنِّكَ

Sunan Abu Daawood 5234





# Stage 6.

Ages 9-10



## HAVING DOUBTFUL THOUGHTS

A'uuzhu **biLlaahi** min  
ashshaiṭaan irrojeem, amantu  
**biLlaahi** warosuulih

I seek **Allah's** protection from Satan the outcast. I  
have believed in **Allah** and His Messenger

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ  
الرَّجِيمِ، آمَنْتُ بِاللَّهِ  
وَرَسُولِهِ

*Sahih Muslim 344/345*

## FEELING SCARED

Ḥasbun **Allaahu** wani'm alwakeel,  
ni'm almaulaa wani'm annaṣeer

**Allah** is sufficient for us, and what an excellent  
Guardian! What an excellent Comrade, and what  
an excellent Helper!

حَسْبُنَا اللَّهُ وَنِعْمَ  
الْوَكِيلُ، نِعْمَ الْمَوْلَى  
وَنِعْمَ النَّصِيرُ

*Quran 3:173/8:40*

## FEELING PAIN

Bism **Illaah** <sup>x3</sup>, A'uuzhu **biLlaahi**  
waqodrotihi min sharri maa ájidu  
wa-uḥaazhir <sup>x7</sup>

In **Allah's** Name (x3): I seek the protection of **Allah**  
and His control from this evil I find and fear (x7)

بِسْمِ اللَّهِ <sup>x3</sup>، أَعُوذُ بِاللَّهِ  
وَقَدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ  
وَأُحَازِرُ <sup>x7</sup>

*Sahih Muslim 5737*



## FEELING DISTRESS

Alḥamdu **liLlaahi** 'alaa kulli ḥaal

Praise is to **Allah** over every situation

الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ

*Sunan Ibn Majaah 3803*

### SEEING SOMEONE IN DISTRESS

Alhamdu **liLlaah** illazhee  
'aafaanee mimm abtalaaka bihi  
wafaḍḍolanee 'alaa katheeri  
mmimman kholaqo tafḍeelaa

Praise is to **Allah** who has relieved from what He has afflicted you with, and has favoured me over that of much of His creation

### EXPERIENCING A DISASTER

Ínna **liLlaahi** wa-innaa ílaihi  
raaji'oon, **Allaahumm** ajurnee fee  
muṣeebatee wa-akhlif lee khoiro  
mminhaa

We indeed belong to **Allah** and we are indeed to return to Him. Dear **Allah**, reward me through this calamity and give me something better than it

### VISITING A SICK PERSON

Ás-al **Ullaah** al'azeem, **Robb**  
al'arsh il'azeem, á yyashfiyak

I ask **Allah** the Immense One, **Master** of the immense throne, that He cures you



اَلْحَمْدُ لِلّٰهِ الَّذِي عَافَانِي  
مِمَّا ابْتَلَاكَ بِهِ وَفَضَّلَنِي  
عَلَى كَثِيرٍ مِّمَّنْ خَلَقَ  
تَفَضُّلاً

Sunan AtTirmizhee 3280

إِنَّا لِلّٰهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ،  
اَللّٰهُمَّ اجْزِنِي فِي  
مُصِيبَتِي وَأَخْلِفْ لِي  
خَيْرًا مِنْهَا

Quran 2:156

Sahih Muslim 2126

أَسْأَلُ اللهَ الْعَظِيمَ، رَبَّ  
الْعَرْشِ الْعَظِيمِ، أَنْ  
يَشْفِيكَ

Sunan Abu Daawood 3106

# Stage 7.

Ages 10-11



## BREAKING THE FAST

**Allaahumma** laka şumtu wa'alaa  
rizqika áftortu

Dear **Allah**, I fasted for you, and with Your provision, I broke it

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى  
رِزْقِكَ أَفْطَرْتُ

*Sunan Abu Daawood 2358*

## IN A DILEMMA

**Allaahumma** khirlee wakhtarlee

Dear **Allah**, choose and select for me

اللَّهُمَّ خَيْرْ لِي وَاخْتَرْ لِي

*Sunan atTirmizhee 3516*

## LEAVING A GATHERING

Subḥaanaka **Allaahumma**  
wabiḥamdik, áshhadu á llaa  
ílaaha íllaa Ánt, ástagfiruka wa-  
atuubu ílaik

Glory is to You dear **Allah**, and with Your praise. I testify that there is no deity except You. I seek your forgiveness and I turn back to You.

سُبْحَانَكَ اللَّهُمَّ  
وَبِحَمْدِكَ، أَشْهَدُ أَنْ لَا  
إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ  
وَأَتُوبُ إِلَيْكَ

*Sunan atTirmizhee 3433*

## NEARING DEATH

laa ílaaha íll **Allaah**

There is no deity except **Allah**



لَا إِلَهَ إِلَّا اللَّهُ

*Sunan Abu Daawood 3/190*

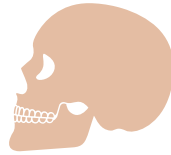
### BIDDING SOMEONE FAREWELL

Astaudi' **Ullaaha** deenaka wa-  
amaanataka wakhowaateema  
'amalik

I entrust in **Allah** your religion, promises, and  
outcome of your actions

أَسْتَوْدِعُ **اللَّهَ** دِينَكَ  
وَأَمَانَتَكَ وَخَوَاتِيمَ عَمَلِكَ

*Sunan atTirmizhee 3443*



### ENTERING THE GRAVEYARD

Assalaamu 'alaikum áhl  
addiyaari min almu-mineena  
walmuslimeen, wa-innaa ín shaà  
**Allaahu** bikum laaḥiqoon, nas-al  
**Ullaaha** lanaa walakum ul'aafiyah

May peace be with you, members of this place  
who are believers and muslims. And we are indeed  
to join you all if **Allah** wills. We ask **Allah** for our  
and your wellbeing

السَّلَامُ عَلَيْكُمْ أَهْلَ  
الدِّيَارِ مِنَ الْمُؤْمِنِينَ  
وَالْمُسْلِمِينَ وَإِنَّا إِنْ شَاءَ  
**اللَّهُ** بِكُمْ لَاحِقُونَ نَسْأَلُ  
**اللَّهُ** لَنَا وَلَكُمْ الْعَافِيَةَ

*Sunan Ibn Maajaah 1547*



### SEEKING SAFETY FROM DANGER

Bism **Illaah** illadhee laa yaḍurru  
ma' asmihi shai-un f il-arḍi walaa  
f issamaa-i waHuw assamee'  
ul'aleem

In the name of **Allah** who's Name through which  
nothing in the skies nor the earth can cause harm,  
and He is the Hearing, Knowing One

بِسْمِ **اللَّهِ** الَّذِي لَا يَضُرُّ  
مَعَ اسْمِهِ شَيْءٌ فِي  
الْأَرْضِ وَلَا فِي السَّمَاءِ  
وَهُوَ السَّمِيعُ الْعَلِيمُ

*Sunan Abu Dawood 5088*

## Stage 8.

Ages 11-12

### ENTERING THE MOSQUE

**Allaahumm** aftah lee ábwaaba  
roḥmatik

Dear **Allah**, open Your doors of mercy for me

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ  
رَحْمَتِكَ

*Saḥiḥ Muslim 1652*

### LEAVING THE MOSQUE

**Allaahumma** ínnee ás-aluka min  
faḍlik

Dear **Allah**, I ask You for Your favour

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ  
فَضْلِكَ

*Saḥiḥ Muslim 1652*

### BEFORE STARTING WUZHU

**Bism Illaah**, walḥamdu liLlaah

In **Allah's** Name and praise is to **Allah**

بِسْمِ اللَّهِ وَالْحَمْدُ لِلَّهِ

*Majm UzZawa-id 1112*

### AFTER FINISHING WUZHU

**Allaahum** aj'alnee min  
attawwaabeena waj'alnee min  
almutaṭohhireen

Dear **Allah**, make me like those who turn in  
forgiveness to you, and make me like those who  
cleanse themselves

اللَّهُمَّ اجْعَلْنِي مِنَ  
التَّوَّابِينَ وَاجْعَلْنِي مِنَ  
الْمُتَطَهِّرِينَ

*Sunan AtTirmizhi 55*

Also say the 2<sup>nd</sup> kalimah p7



### IN THE MORNING AND EVENING

(Aṣḥaḥnaa wa-aṣḥaḥa)/

(Amsainaa wa-ams) almulku

liLlaah Robb ill'aalameen,

Allaahumma ínnee ás-aluka

khoiro haazh alyaum, fathahu

wanaṣrohu wanoorohu

wabarokatahu wahudaah, wa-

a'uuzhubika min sharri maa feehi

washarri maa ba'dah

We have reached the (morning)/(evening) and in the (morning)/(evening) the kingdom is **Allah's - Master** of the Worlds. Dear **Allah**, I indeed ask You for the good of this day - its opportunities, support, light, blessings, and guidance. And I seek Your protection from the evil of it and evil of what comes after it

### STARTING PRAYER: THANAA

Subḥaanak Allaahumma

wabiḥamdika watabaarok

asmuka wata'aalaa jadduka

walaa ílaaha goiruk

Glory is to You dear **Allah**, praise is to You, blessed is Your Name, high is your form, and there is no deity except You

أَصْبَحْنَا وَأَصْبَحَ/

أَمْسَيْنَا وَأَمْسَى

الْمَلِكُ لِلَّهِ رَبِّ

الْعَالَمِينَ، اَللّٰهُمَّ اِنِّیْ

اَسْأَلُكَ خَيْرَ هَذَا الْیَوْمِ،

فَتْحَهُ وَنَصْرَهُ وَنُورَهُ

وَبَرَكَتَهُ وَهُدَاهُ، وَاعُوْذُ بِكَ

مِنْ شَرِّ مَا فِیْهِ وَشَرِّ مَا

بَعْدَهُ

*Sunan Abu Daawood 5084*



سُبْحَنَكَ اللّٰهُمَّ وَبِحَمْدِكَ

وَتَبَارَكَ اسْمُكَ وَتَعَالَى

جَدُّكَ وَلَا إِلٰهَ غَيْرُكَ

*Sunan Abu Daawood 775*



# Stage 9.

Ages 12-13

## THE ADHAAN

Allaahu ákbar Ullaahu ákbar x2

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ x2

Ashhadu án laa ílaaha íll Allaah x2

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ x2

Ashhadu áнна Muḥammada

أَشْهَدُ أَنْ مُحَمَّدًا رَسُولُ

rrosuul Ullaah x2

اللَّهُ

Ḥayya 'al aṣṣolaah x2

حَيَّ عَلَى الصَّلَاةِ x2

Ḥayya 'al alfalaah x2

حَيَّ عَلَى الْفَلَاحِ x2

Aṣolaatu khoiru mmin annoum x2

الصَّلَاةُ خَيْرٌ مِنَ النَّوْمِ x2

(Add only for Fajr prayer adhaan)

Add only for Fajr prayer adhaan

Allaahu ákbar Ullaahu ákbar

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ

Laa ílaaha íll Allaah

لَا إِلَهَ إِلَّا اللَّهُ

Allah is the Greatest. Allah is the Greatest (x2)

Also face the qiblah and recite loudly with index fingers in the ears when for prayer

I testify that there is no deity except Allah (x2)

I testify that Muhammad is Allah's Messenger (x2)

Come to the prayer! (x2)

Come to success! (x2)

Prayer is better than sleep (x2)

(Add only for Fajr prayer adhaan)

Allah is the Greatest. Allah is the Greatest

There is no deity except Allah



### COPYING AFTER THE ADHAAN: EXCEPT

Laa ḥaula walaa quwwata íllaa

**billaah** il'aliyy il'ažeem

(After Ḥayya 'al aṣṣolaah / Ḥayya 'al alfalaah)

There is no effort nor strength except from **Allah**  
the High and Immense One

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

الْعَلِيِّ الْعَظِيمِ

(After

حَيَّ عَلَى الْفَلَاحِ and حَيَّ عَلَى الصَّلَاةِ)

Ṣodaqta wabarorta

(After Aṣṣolaatu khoiru mmin annoum)

You have spoken truthfully and done your duty



صَدَقْتَ وَبَرَرْتَ

(After الصَّلَاةُ خَيْرٌ مِنَ النَّوْمِ)

### AFTER HEARING THE ADHAAN

**Allaahumma Robba** haazhih

idda'wati ttaammah, waṣṣolaat

ilqaa-imah, áati Muḥammadan

ilwaseelata walfaḍeelah,

wab'athhu maqaama

mmaḥmoodan illazhee wa'attah,

ínnaka laa tukhlif ulmi'aad

Dear **Allah**, **Master** of this perfect call and  
upstanding prayer, give Muhammad intercession  
and virtue, and resurrect him on the praiseful  
station which You have promised. You indeed do  
not contradict promises.

اَللّٰهُمَّ رَبِّ هَذِهِ الدَّعْوَةِ

التَّامَّةِ، وَالصَّلَاةِ الْقَائِمَةِ

اَتِ مُحَمَّدًا الْوَسِيْلَةَ

وَالْفُضِيْلَةَ، وَابْعَثْهُ مَقَامًا

مَحْمُودًا الَّذِي وَعَدْتَهُ،

إِنَّكَ لَا تُخْلِفُ الْمِيْعَادِ

Saḥiḥ AlBukhaaree 614



# Stage 10.

Ages 13-14

## IN PRAYER: IN RUKU' - BOWING

Subḥaana **Robbi** al'azeem

Glory is to my **Master** the Immense One



سُبْحَانَ رَبِّيَ الْعَظِيمِ

Sunan Abu Dawood 871

Say an odd number of times

## IN PRAYER: UP FROM RUKU' - BOWING

Sami' Allaahu liman ḥamidah

**Robbanaa** lak alḥamd

Allah hears the one who praises Him

Our **Master**, for You is the praise

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

رَبَّنَا لَكَ الْحَمْدُ

Saḥiḥ AlBukhaaree 789

## IN PRAYER: SUJOOD - PROSTRATION

Subḥaana **Robbi** al-a'laa

Glory is to my **Master** the Highest One



سُبْحَانَ رَبِّيَ الْأَعْلَى

Sunan Abu Dawood 871

Say an odd number of times

## IN PRAYER: BETWEEN SUJOOD

**Robb** igfirlee

Forgive me my **Master**

رَبِّ اغْفِرْ لِي

Sunan Ibn Maajaah 797

## IN PRAYER: IN JALSAH TASHAHHUD - SITTING TESTIMONY

Attaḥiyyaatu liLlaahi

waṣṣolawaatu waṭṭoyyibaatu,

assalaamu 'alaika

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ

وَالطَّيِّبَاتُ، أَسْلَامٌ

عَلَيْكَ

ayyuh annabiyyu warohmat  
**Ullaahi** wabarokaatuh,  
 assalaamu 'alainaa wa'alaa  
 'ibaad **IlLaah** iṣṣoliḥeen, ashhadu  
 án laa ílaaha íll **Allaah**, wa-  
 ashhadu áнна Muḥammadan  
 'abduhu warosooluh

Compliments, prayers, and good things are to **Allah**. May peace, **Allah's** mercy, and blessings, be with you dear Prophet. May peace be with us and with **Allah's** well-behaved servants. I testify that there is no deity except **Allah**, and that Muhammad is His servant and Messenger

**IN PRAYER: DUROOD AFTER  
 TASHAHHUD - TRIBUTE**

**Allaahumma** (ṣolli)/(baarik) 'alaa  
 Muhammadi wwa'alaa áali  
 Muhammadin kamaa (ṣollaita)/  
 (baarokta) 'alaa Íbraaheema  
 wa'alaa áali Íbraaheema ínnaka  
 ḥameedu mmajeed

Dear **Allah**, (send best wishes to)/(bless)  
 Muhammad, and his family, like how You (sent  
 best wishes to)/(blessed) Abraham, and his  
 family. You are indeed praiseworthy and noble

أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ  
 وَبَرَكَاتُهُ، أَسْلَامٌ عَلَيْنَا  
 وَعَلَى عِبَادِ اللَّهِ  
 الصَّالِحِينَ أَشْهَدُ أَنْ لَا  
 إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ  
 مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

*Saḥiḥ AlBukhaaree 831*



اَللّٰهُمَّ (صَلِّ)/(بَارِكْ) عَلَى  
 مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ  
 كَمَا (صَلَّيْتَ)/(بَارَكْتَ)  
 عَلَى إِبْرَاهِيمَ وَعَلَى آلِ  
 إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ  
 مَّجِيدٌ

*Saḥiḥ AlBukhaaree 3370*

